

UNC – School of Government

Emotional Intelligence – Leadership’s Superpower February 28, 2024

Agenda

8:45am – 9:00AM	Join Class and Get Oriented with Zoom
9:00am – 10:15am	<ul style="list-style-type: none">• What is emotional intelligence and why is it important to your success• Understanding Your EI Results
10:15am – 10:30am	Break
10:30am – 12:00pm	<ul style="list-style-type: none">• Understanding Your EI Results• EI Skills Building
12:00pm – 1:00pm	Lunch
1:00pm – 1:30pm	<ul style="list-style-type: none">• Understanding Your EI Results,• EI Skills Building (continued)
1:30 pm – 2:00 pm	Small Group EQ Coaching Sessions
2:00 pm – 2:15 pm	Break
2:15 pm – 3:15 pm	Small Group Coaching Sessions (continued)
3:15pm – 3:45 pm	Applying EQ Knowledge and Skills to Real Life
3:45pm – 4:00 pm	Evaluations, Close