

Making Change: How Personal Preferences Show up at Work October 30, 2020

Participant Agenda

One Week Ahead:

- a. Close class registration one week in advance.
- b. Take the Change Style Indicator Assessment.
- c. View the lectur20 minute recorded lecture.

9:00 Reactions to Change

- a. Getting Started
- b. Understanding Your Scores
- c. How preferences show up in daily work life
 - Individual experiences
 - Relation to the Change Style preferences

9:50 Break

Context of Change

- a. Identifying current workplace stressors

10:50 Break

- b. Change Curve
- c. CSI and Collaboration
- d. Moving through change

11:30 Lunch Break

1:00 Covid-specific Coping Strategies

- a. Reconvene, reflect on the morning

In small groups:

- b. Reflect on what's happened in their organization. Where are they in the change effort?
- c. Discuss and generate successful strategies for managing change this year.
- d. Whole group debriefs successful strategies.

2:20 Wrap up

- a. Create Individual Learning Plan-individual, then discuss in pairs
- b. Closing thoughts

2:45 Adjourn